



Birtley
House




















WHAT'S ON

APRIL HIGHLIGHTS

Wednesday	1 st	Communion Service
Thursday	2 nd	Mindfulness in Motion 'Tai Chi'
Friday	3 rd	Easter Craft
Monday	6 th	Film: 'Calendar Girls'
Tuesday	7 th	Strengthen your Hand-Eye Coordination
Thursday	9 th	Pamper and relaxation afternoon
Friday	10 th	Music with Kevin Jacot
Monday	13 th	Remember the 1960's
Tuesday	14 th	Music with 'Nev and Claire'
Wednesday	15 th	Improve your movement and flexibility with Stephen the Physiologist
Friday	17 th	Meaningful Moments
Thursday	23 rd	Songs with Mandy
Wednesday	29 th	Communion Service
Thursday	30 th	Help improve physical dexterity with Fairground games

Highlights are in addition to our week day activities at 2.30 p.m.
Times may vary.

2026 APRIL PLANNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		2.15PM COMMUNION SERVICE OR 2.30PM A TO Z IN THE ORANGERY	3PM MINDFULNESS IN MOTION 'TAI CHI'	EASTER CRAFT 
6	7	8	9	10
'CALENDAR GIRLS' FILM 	STRENGTHEN HAND-EYE COORDINATION 	BOOST YOUR MEMORY RECALL 	PAMPER AND RELAXATION AFTERNOON 	MUSIC WITH KEVIN JACOT 
13	14	15	16	17
2.30PM REMEMBER THE 1960'S 	MUSIC WITH 'NEV AND CLAIRE' 	IMPROVE YOUR MOVEMENT AND FLEXIBILITY WITH PHYSIOLOGIST STEPHEN	2.30PM CARNIVAL GAMES 	MEANINGFUL MOMENTS 
20	21	22	23	24
2.30PM POETRY 	STIMULATE YOUR BRAIN 	ENHANCE HAND- EYE COORDINATION 	SONGS WITH MANDY 	HOW THINGS ARE MADE 'INSIDE THE FACTORY'
27	28	29	30	
MEANINGFUL MOMENTS 	SEATED EXERCISE 	2.15 COMMUNION SERVICE 	HELP IMPROVE PHYSICAL DEXTERITY WITH FAIRGROUND GAMES	