

Birtley House

WHAT'S ON

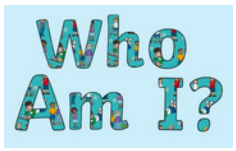
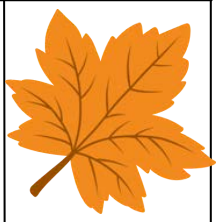
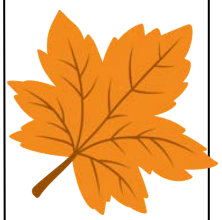
NOVEMBER HIGHLIGHTS

Monday	2nd	Dave the Magician
Friday	6th	Craft-poppy wreath
Thursday	5th	'The History of Guy Fawkes'
Wednesday	11th	Remembrance Day
Friday	13th	Music with Kevin Jacot
Monday	23rd	Seated Exercises

Quality Improvement Week commencing 16th
A week to share good practice,
ideas and feedback.



2026 NOVEMBER PLANNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2  DAVE THE MAGICIAN	3 	4 	5 'THE HISTORY OF GUY FAWKES'	6  CRAFT -POPPY WREATH	7 SATURDAY FILM AT 2PM 
9 REMEMBER AND REFLECT WITH LIZ TILLEY	10 SEATED PILATES 	11 	12  OR INDOOR GAMES	13  MUSIC WITH KEVIN JACOT	14 
16	17	18	19	20	21
QUALITY IMPROVEMENT WEEK HAZARD SPOTTING ACTIVITY WITH SYLWIA AND CAROLINE	INFECTION CONTROL MATTERS WITH CAROLE	CARE QUALITY ARTS AND CRAFTS WITH TINA	COMMUNION AND LISTENING SKILLS WITH REVD LIZ	MENTAL HEALTH AND HEALTHY BOUNDARIES WITH CARER FAITH	SATURDAY FILM 
23 	24 	25  OR 	26 	27  WORKOUT FOR THE BRAIN	28 SATURDAY FILM 
30 SEATED TAI CHI 					

Birtley House

WELLBEING AT BIRTLEY HOUSE

PLUS WE HAVE OUR REGULAR VISITING SPECIALISTS AND THERAPISTS.
PROVIDING INDIVIDUAL SESSIONS TAILORED TO YOUR NEEDS.
PLEASE NOTE THAT BOOKING IS REQUIRED VIA RECEPTION

CHAPLAIN REVEREND LIZ TILLEY



We have a dedicated Chaplain Liz Tilley, who visits twice weekly and gets to know our residents well to be able to support them emotionally and spiritually wherever needed. She also provides monthly religious services for the home congregation.

PHYSIO WITH JANET



Many of our residents benefit from weekly physiotherapy sessions which include walking re-education, strengthening and balancing exercises. Physio takes place wherever best suits the resident: in their room, the dedicated physio area, or the gardens. The sessions are found to be extremely beneficial for improving and maintaining a resident's mobility. Residents enjoy immense satisfaction from improvements and their resulting growth in confidence.

HAIRDRESSING WITH LISA



Lisa has an on-site salon area where she offers a range of hairstyling options including styling, cuts, wash sets and blow-drys; regardless of whether the hair do is for a special occasion or just because, creating a look can make our residents feel beautiful and uplift spirits and confidence.

FOOTCARE WITH NEAT FEET

NEAT FEET
Putting your feet first

Neat Feet services are delivered by April and Emma, both qualified Foot Health Practitioners who bring a wealth of knowledge and experience. April's 20 years as a registered nurse and Emma' s experience in Occupational Therapy ensures that you will receive compassionate and personalised attention during their visits.

EVERYONE WELCOME!



BIRTLEY HOUSE - DRAWING ROOM



News & natter mornings held regularly
10 a.m. to 11 a.m.



BIRTLEY HOUSE - CAFÉ 39



Open every
Weekday between 10 a.m. and 5 p.m.
Weekends between 10 a.m. and 4 p.m.



ALWAYS AVAILABLE



Puzzles and magazines,
table football plus art easel